

## IAPT Clinical Skills Week: Post Covid-19 Syndrome Pathways



When: Monday, July 5, 2021



Where: Online Workshop, 4 CPD hours



Timing: Registration 9.30am | Start 10.00 | Close 2.30pm



Public Sector Price: £209 + VAT for one place

### Increase your knowledge with practical tips for clinical interventions and adaptations

9.30 Join, tech support and opportunity to network in your meeting room

#### 10.00 Introduction, instructions and chair's opening remarks

Dr Heather Salt, Consultant Clinical & Health Psychologist, TalkingSpace Plus, Oxford Health NHS Foundation Trust

### Assessment

#### Recognising Post-Covid-19 Syndrome Long Term Conditions (LTC) in your service

Recognising the difference between acute, ongoing symptomatic and post Covid-19 syndrome signs and symptoms

Engaging patients with Post Covid complications

What additional assessment questions are needed

### Treatment adaptations

#### Adapting and developing psychological interventions for survivors of Covid-19

Working with patients with comorbid physical health symptoms including managing breathlessness and fatigue

Step-2 treatment options

Adapting Step 3 treatments

Understanding complexity and prioritising treatments for effective care

### Working with the wider team

#### Delivering holistic care to improve Covid-19 pathways for MDTs in primary care

Exploring how IAPT-LTC can embed into Post Covid pathways

Working together with the post-Covid assessment and rehabilitation MDT to deliver holistic care

Working with GPs and primary care

2.30 Final questions and close of day