

IAPT Clinical Skills Week: Adjusting to Loss and Traumatic Grief



When: Tuesday, July 6, 2021



Where: Online Workshop, 4 CPD hours



Timing: Registration 9.30am | Start 10.00 | Close 2.30pm



Public Sector Price: £209 + VAT for one place

A unique clinical skills training workshop for specialised loss and grief interventions

9.30 Join, tech support and opportunity to network in your meeting room

10.00 Introduction, instructions and chair's opening remarks

Dr Jennifer Wild, Associate Professor in Experimental Psychology & Consultant Clinical Psychologist, University of Oxford

Developing approaches to loss adjustment

Improving the effectiveness of adjustment for loss and trauma

What does 'good adjustment' look like?

Investigating critical events: intrapersonal, interpersonal and macro-level contexts

Developing a trans-diagnostic model of psychological adjustment to LTCs to improve outcomes

Advancing loss related trauma

Effectively navigating loss related trauma within assessments

Evaluating the role of post-Covid-19 trauma: complex trauma presentations and traumatic grief

Managing unexpected trauma: establishing service-wide knowledge to refer appropriately

Collaborating with counsellors and CBT therapists: what can we learn to improve treatments?

Managing grief

Adapting complicated complex grief to support clients with recent loss

How can CBT therapists manage unexpected loss and grief during other interventions?

Navigating dynamic interpersonal therapy and integrating it into existing modalities

Delivering effective assessments for the unique profile of death related to Covid-19

Investigating different grief modalities: unexpected loss and grief related trauma

Evaluating the impact of group bereavement sessions and CBT interventions

Exploring the practicalities of grief group support and delivering successful interventions

Assessing rapid access Cruise support and localised bereavement support

2.20 Chairs closing remarks

2.30 Close of day