

## Improving Access to CYP Mental Health Services (CYPMHS)



When: Monday, September 13, 2021



Where: Online Conference, 5 CPD hours



Timing: Registration 9.00am | Start 9.30 | Close 3.40pm



Public Sector Price: £249 + VAT for one place; £199 + VAT (each) for two or more places

### Calling all CYPMHS and CAMHS professionals working with vulnerable children and young people

9.00 Join, tech support and opportunity to network in your meeting room

#### **Enabling the NHS Long Term Plan: Achieving person-centered and age appropriate care**

Improving access, enabling enabling integrated approaches and exploring the digital tools  
Kathryn Pugh MBE, Consultant, KCBD Limited

#### **Interactive discussion: Improving mental health of CYP that have been affected by the pandemic**

How does your service support children and young people get the help that they need? What more can be done?

#### **Transforming children and young people mental health services: Improving referral times**

Integrating multi-agency mental health services and improving access to online resources  
Tim McDougall, Director of Nursing, Director of Nursing & Quality,  
Lancashire & South Cumbria NHS Foundation Trust CQC National Professional Advisor for CYPMH

#### **Collaborating with schools to increase the coverage of support in the community**

Establishing relationships, increasing care locations and ensuring consistent and equal approaches  
Lesley French, Joint Programme Director: Leading Transformation & Change: CYP Mental Health & Wellbeing  
Services and Supervisors Course Training, Anna Freud National Centre for Children and Families

#### **Interactive discussion: Working collaboratively with schools to promote good emotional wellbeing**

What are your experiences of working with schools during the last 18 months?

#### **Shared experiences for modelling services to improve care for gender variance in CYP**

Ensuring health care professionals are able access emotional wellbeing support for gender diverse patients  
Jan Sampson, Training Manager, Mermaids

#### **Interactive discussion: Utilising technology to meet new waiting times standards**

How can technology improve your waiting list times to ensure that CYP are seen quickly

#### **Multi-agency approaches to eating disorders: improve outcomes and reduce inpatient care**

Investigating how rapid access to in the early stages of illness will improve clinical outcomes  
Kevin Parkinson, CEO, First Steps Eating Disorders

#### **Case study: Achieving an age-appropriate crisis service for children and young people**

Delivering effective crisis assessments, follow ups and intensive home treatment  
Samantha Diston, Clinical Lead, CYPS Psychiatric Liaison Team, City Hospitals Sunderland NHS Foundation Trust

3.50 Closing remarks and close of conference