





## Setting up Prehabilitation in your Cancer Pathway

Your guide to establishing a successful prehab service and optimising your patients' treatment

 Online Workshop

 Thu 13 Oct 2022 09:30-15:20

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**Full agenda:** Thursday 13th October | 9.30am registration- 3.20pm close

**Full speaker details:** Rather than starting from square one, you will be provided with the tips and tricks learnt along the way by your workshop leader Claire Knowles. Claire has been integral to setting up and developing the prehabilitation service at Aintree University Hospital and you will benefit from her unique insight and first-hand experience.

**Event information:** highlights of the programme

- Practicalities for setting up your prehab programme
- Optimising your patients' treatment and exploring the benefits
- Navigating your options for incorporating prehab into existing pathways
- Achieving a fully funded service: data collection and demonstrating your success
- Building a holistic approach: incorporating nutrition, wellbeing and physical function
- Establishing a multi-disciplinary team approach to prehabilitation
- Developing and implementing accurate triage criteria
- Expanding your service for the future: maximising your capacity

**Pricing structure:** price and attendance

- £349 + VAT for one NHS or public sector place
- £299 + VAT (each) for two or three NHS or public sector places
- £599 + VAT for one commercial organisation place

**Commercial companies** are also invited to sponsor this day, please [email Sarah Kemm](#) for further details.